

# Canadian Birthday Freebies: Where to Shop or Eat on Your Birthday

The *Dealhack Canada Birthday Freebies List* is the result of our quarterly survey of brands that offer rewards and discounts to Canadians on their birthday or birth month.

The list currently contains over 70 brands that are grouped into 6 categories for your convenience. Every three months, we verify the offers provided by each brand in this list to keep it updated. You can download this list in PDF format so you can access it anytime even if you're offline.

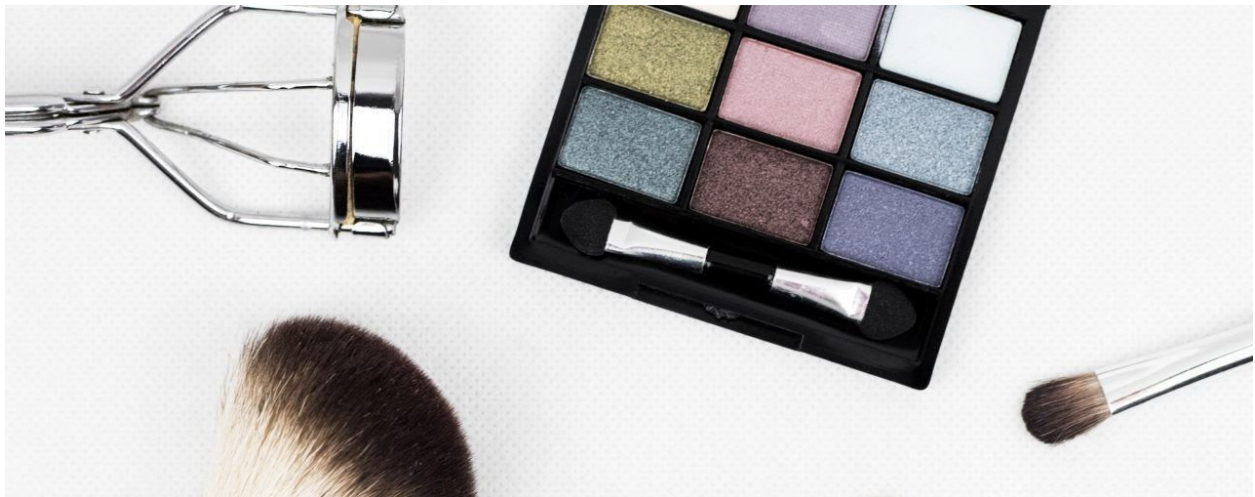
The latest online version of this guide can be viewed at:

<https://dealhack.ca/blog/canadian-birthday-freebies>

Most Canadian birthday rewards are redeemable when you apply for a store credit card, register to loyalty programs, or sign up for email newsletters. Most of these reward programs are free, and some even offer extra bonuses or free treats when you register!

**Go to:** [Beauty & Makeup Freebies](#), [Beverage Freebies](#), [Bread & Pastry Freebies](#), [Chocolate & Ice Cream Freebies](#), [Grill & Restaurant Freebies](#), [Pet Freebies](#), [Retail Freebies](#).

## Beauty & Makeup Freebies for Canadians



**Aveda:** Sign up for an account at [Aveda.ca](https://Aveda.ca) by providing your email address and date of birth to receive a birthday gift every year.

**Clarins:** Register to the [Clarins Loyalty Program](#) to receive 5 free samples for every order, free shipping for orders over \$75, and an exclusive gift on your birthday.

**Clinique:** Clinique is offering a free birthday gift to members of its [Smart Rewards Program](#) if they added their date of birth in their account. This coupon must be redeemed not more than 30 days after your birthday.

**Kiehl's:** Sign up for [Kiehl's Rewards Loyalty Program](#) and get one free gift with any purchase on your birthday. You can also unlock additional gifts when you accumulate more reward points.

**Lancome:** Become a member of [Lancome Elite Rewards](#) to receive free shipping on all orders above \$50, a personalized gift with every purchase, and an exclusive item on your birthday.

**London Drugs:** Join the [LDEExtras](#) rewards program and get a free \$5 coupon on your birthday. Members can also get a \$5 coupon for every 10 visits, extended returns, and a \$3 discount for every \$50 they spend at the London Drugs PhotoLab.

**NYX:** Provide your birth date when you create an account at [NYX Cosmetics Canada](#) so you can receive a free item on your birth month. You can also choose to receive free email updates and early access to events and promotions.

**Sephora:** Sephora is offering one free mini set to [Beauty Insider](#) members who are celebrating their birthday this year. Choose between Briogeo, Milk Makeup, and Sol de Janeiro.

**Tarte Cosmetics:** Become a member of [Team Tarte Rewards](#) to receive bonus points and a birthday gift from Tarte Cosmetics. Earn more reward points to unlock additional gifts and offers.

**The Body Shop:** The Body Shop Canada is giving away a \$10 birthday gift to members of its [Love Your Body Club](#). You will also receive a \$10 discount for every 100 reward points you earn through purchases.

**Urban Decay:** Sign up to the [UD Beauty Junkies program](#) to receive a birthday gift and exclusive access to sales and promotions. Members will also qualify for free shipping, reward points for every purchase, and other perks.

**Go to:** [Beauty & Makeup Freebies](#), [Beverage Freebies](#), [Bread & Pastry Freebies](#), [Chocolate & Ice Cream Freebies](#), [Grill & Restaurant Freebies](#), [Pet Freebies](#), [Retail Freebies](#).

## **Beverage Freebies for Canadians**



**Chatime:** Sign up for Chatime's [Societea](#) to receive one free drink on your birthday. This new program lets you transfer points from both the Ontario Fivestars British Columbia Spoonity reward apps.

**David's Tea:** Become a [Frequent Steeper](#) member of DAVIDsTEA to get one free cup of tea on your birthday. You will also earn reward points for every purchase, one free cup of tea for every 10 cups you order, and other exclusive perks.

**Hard Rock Cafe:** Join [Hard Rock Rewards](#) to become eligible for priority seating, exclusive promotions, and a birthday gift every year from Hard Rock Cafe.

**Orange Julius: Orange Julius:** New members of the [Julius League](#) will receive a Buy 1 Get 1 Free coupon from Orange Julius, plus exclusive email offers. On their birthday, they will receive another Buy 1 Get 1 Free coupon.

**Starbucks:** Members of [My Starbucks Rewards](#) can choose between one free handcrafted drink, ready-to-drink bottled drink, or food item on their birthday. This offer is available for members who signed up at least [7 days](#) before their birthday, and can be redeemed in-store only.

**Go to:** [Beauty & Makeup Freebies](#), [Beverage Freebies](#), [Bread & Pastry Freebies](#), [Chocolate & Ice Cream Freebies](#), [Grill & Restaurant Freebies](#), [Pet Freebies](#), [Retail Freebies](#).

## **Bread & Pastry Freebies for Canadians**



**Krispy Kreme:** Sign up for [Krispy Kreme Rewards](#) to get one free donut, in addition to exclusive email offers and reward points for every purchase. You will also receive a special Krispy Kreme treat on your birthday.

**Panera Bread:** Become a member of [MyPanera Rewards](#) to receive exclusive rewards for each purchase, including a birthday gift. Download the Panera Bread app for easy online orders and tracking of your reward progress.

**What A Bagel:** Buy 6 bagels [on your birthday](#) and get 6 more for free. Visit any What A Bagel bakery and bring one valid photo ID.

**Go to:** [Beauty & Makeup Freebies](#), [Beverage Freebies](#), [Bread & Pastry Freebies](#), [Chocolate & Ice Cream Freebies](#), [Grill & Restaurant Freebies](#), [Pet Freebies](#), [Retail Freebies](#).

## **Chocolate & Ice Cream Freebies for Canadians**





**Baskin-Robbins:** Get one free ice cream scoop at Baskin-Robbins on your birthday when you sign up for a [Club 31](#) membership. You can also register up to 4 dependents so they will also receive one free scoop on their birthdays.

**Edible Arrangements:** Join [Edible Rewards](#) and get one free box of chocolate-dipped fruits for every 3rd purchase at Edible Arrangements. You will also receive a gift on your birthday in addition to members-only perks.

**Dippin' Dots:** Sign up for the [Dot Crazy! Email Club](#) and you will get one free Dippin' Dots treat on your birthday. You will also receive exclusive coupons and special offers via email.

**Marble Slab Creamery:** Register to Marble Slab Creamery's [Marble Mail](#) to receive exclusive email offers, coupons, and news updates. If you signed up at least 48 hours before your birthday, you will receive a special gift.

**Menchie's Frozen Yogurt:** Get a free \$5 birthday coupon from Menchie's when you become a member of [mySmileage Rewards](#). Download their app to instantly earn 25 rewards points, plus a \$5 reward when you order within 7 days upon registration.

**Pinkberry:** Download the Pinkberry app and register to [Pinkcard Rewards](#) to receive one free yogurt on your birthday. For every 10 purchases using the app, you can also claim one free yogurt.

**The Melting Pot:** The Melting Pot's Edmonton branch is offering curbside pickup and scheduled deliveries. Become a member of [Club Fondue](#) to receive one free box of Signature Dipped Strawberries upon sign-up, email promotions, and a discount on your birthday.

**Go to:** [Beauty & Makeup Freebies](#), [Beverage Freebies](#), [Bread & Pastry Freebies](#), [Chocolate & Ice Cream Freebies](#), [Grill & Restaurant Freebies](#), [Pet Freebies](#), [Retail Freebies](#).

## Entertainment Freebies for Canadians



**Cineplex:** If you buy a standard or premium Popcorn Party package at Cineplex, the birthday celebrant will receive [one free admission](#) on their next visit at any Cineplex movie theatre.

**Landmark Cinema:** Celebrate your birthday at [Landmark Cinema](#) and get one free admission ticket for the birthday celebrant, free order and pick-up for express concessions, and free reserved seating.

**Medieval Times:** The Medieval Times Dinner & Tournament branch in Toronto is offering exclusive discounts and treats to customers who register to its [Birthday Club](#) using their valid email address.

**Go to:** [Beauty & Makeup Freebies](#), [Beverage Freebies](#), [Bread & Pastry Freebies](#), [Chocolate & Ice Cream Freebies](#), [Grill & Restaurant Freebies](#), [Pet Freebies](#), [Retail Freebies](#).

## Grill & Restaurant Freebies for Canadians



**Abuelo's:** Enjoy a special gift on your birthday when you join [Mi Abuelo's Rewards](#). New members also receive an exclusive discount on their next order at Abuelo's Mexican Restaurant.

**Applebee's:** Become a member of [Applebee's Neighbourhood](#) to receive a free appetizer on your first entree purchase at participating Applebee's restaurants. You will also receive a free treat on your birthday and access to exclusive email updates and promotions.

**Arby's:** Register to [Arby's Insider](#) for email updates and get one free gyro when your order a medium-sized soft drink for the first time. If you provide your date of birth, Arby's will also give you a special birthday treat.

**Benihana:** Benihana is giving away a free \$30 birthday certificate to customers who signed up to [The Chef's Table](#) for email updates and offers. The certificate is sent to your email address on your birth month and must be printed and brought to any Benihana restaurant, along with one valid photo ID.

**Boston Pizza:** Join Boston Pizza's [MyBP Loyalty Program](#) to receive exclusive rewards such as one free starter upon sign-up, one free birthday dessert, and one free 2-topping pizza on your anniversary as a MyBP member. You will also get a free bandera bread on your 1st delivery purchase, \$5 off your 5th delivery or takeout purchase when you spend \$25, and 15% off your 10th delivery or takeout purchase.

**Buffalo Wild Wings:** Buffalo Wild Wings is offering exclusive perks to members of their [Blazin' Rewards](#) program. Members will earn points for every purchase, access to VIP events, and free wings on their birthday.

**Cooper's Hawk:** Sign up for [Cooper's Hawk Wine Club](#) to receive one free appetizer at The Vines. Members will also receive two free CHV glasses, one free tour and wine tasting per year, 10% off purchases at The Vine and Cooper's Hawk retail store, and other perks.

**Cora's:** Subscribe to [Cora's Enthusiasts](#) and receive free email newsletters on the latest promotions, including a special treat on your birthday. Sign up for Cora's [Loyalty Card](#) to earn reward points for every purchase, plus a bonus 500 points when you complete your online profile.

**Denny's:** Get a free discount or reward from [Denny's Canada](#) on your birthday when you sign up for their email newsletter. You must provide your date of birth when you register.

**Famous Dave's:** Famous Dave's BQQ franchise in Winnipeg is accepting to-go orders through [204-504-7200](#). Sign up to [Famous Nation](#) for exclusive email offers, news updates, and a birthday treat.

**Firehouse Subs:** Join [Firehouse Rewards](#) and redeem one free large drink on your next purchase of any Firehouse sub. You will also receive free email newsletters, including a special voucher on your birthday.

**Fuddruckers:** Get a free birthday treat from when you register to the [Fuddruckers eClub](#) for email updates on the latest promotions from Fuddruckers.

**Harvey's:** Enjoy a free serving of onion rings on your next sandwich or burger purchase at Harvey's when you sign up for their [email list](#). You will also receive a special treat on your birthday.

**IHOP:** Subscribe to [MyHop rewards](#) for free email updates and exclusive offers. You can also redeem free pancakes on your first visit as a Rewards member, on your birthday, and on IHOP's anniversary.

**Jersey Mike's Subs:** Join the Jersey Mike's Subs [Email Club](#) to gain exclusive access to special offers and promotions. You will also receive one free sub and one drink on your birthday.

**Lone Star Texas Grill:** Become a member of [The Sizzle](#) to receive \$10 off your next order at Lone Star Texas Grill. Members will also get one free dessert on their birthday, free unlimited chips and salsa, free access to Wi-Fi, and exclusive email promotions.

**Mandarin Dish:** Mandarin Dish is giving away a birthday coupon to customers who sign up for the [Mandarin e-newsletter](#) for exclusive email updates and promotions. On the day of your birthday, bring the coupon and 3 paying adults to receive one free buffet for yourself.



**Mary Brown's:** Register to [Mary Brown's newsletter](#) to receive exclusive email offers and updates. You can also redeem one free Big Mary chicken sandwich on your birthday.

**Montana's BBQ & Bar:** Enjoy one free starter at Montana BBQ & Bar when you sign up for the [Grill Lovers Club](#), plus one free dessert on your birthday. You can also register your children to the [Kids Club](#) so they can get one free cooler upon sign-up, a free meal on their birthday, and dine-in for free every Tuesday. Exclusions apply.

**Olive Garden:** Olive Garden is offering one free appetizer or dessert with a purchase of 2 adult entrees when you sign up to their [eClub](#) for email news and promotions. Members will also get [one free dessert](#) on their birthday when they provide their date of birth in their account.

**Perkins Restaurant & Bakery:** Sign up for [MyPerkins rewards](#) and get 20% off your first order from Perkins Restaurant and Bakery, plus a special treat on your birthday. Members can also register their children who are under 12 years old for birthday rewards.

**Pita Pit:** Become a member of the [Pita Pit Rewards Club](#) to earn 3 reward points for every purchase. New members will receive 280 points, which can be redeemed for food and drink items, including a special treat on their birthday.

**Pizza Hut:** Subscribe to [Pizza Hut Rewards](#) and earn 1 point for every minimum order of \$10.99 per day, in addition to special email offers and birthday treats. You can redeem one free medium size 2-topping pizza for every 5th order.

**Red Lobster:** Register to Red Lobster's [Fresh Catch News](#) to receive one free appetizer or dessert on your purchase of 2 adult dinner entrees. If you signed up for email updates at least 10 days before your birthday, you will receive a special birthday coupon.

**Red Robin:** Become a member of [Red Robin Royalty](#) to receive one free burger on your birth month, \$20 off your 6th order, and one free item on your 10th visit at any Red Robin restaurant in British Columbia.

**Ruby Tuesday:** Join the [So Connected](#) email list to receive one free appetizer when you spend \$10 or more on your first meal at Ruby Tuesday. On your birthday, you can redeem either one free burger or Garden Bar entree of up to \$11 value.

**South St. Burger:** Sign up for the South St. Burger [Birthday Club](#) and get a free 5 oz. beef burger on your birthday. Upon registration, you can also redeem one free burger. A valid ID is required to claim your rewards.

**Swiss Chalet:** Children who are 10 years old and below can get a free kids' meal when they visit [Swiss Chalet](#) on their birthday.

**Tim Horton's:** Tim Horton's is giving 10 reward points for every purchase by customers who signed up for [Tim's Rewards](#). Members will also receive a birthday gift, and they can redeem free food and drinks using their reward points.

**Western Pizza Express:** Become a member of [WP Rewards](#) to earn 50 reward points and receive exclusive email promotions from Western Pizza Express. You will also be able to send e-gift cards and receive a special birthday gift.

**Wok of Fame:** Enjoy one free meal at the [Wok of Fame](#) buffet on your birthday when you bring one valid photo ID. Each birthday celebrant must be accompanied by one paying adult.

**Go to:** [Beauty & Makeup Freebies](#), [Beverage Freebies](#), [Bread & Pastry Freebies](#), [Chocolate & Ice Cream Freebies](#), [Grill & Restaurant Freebies](#), [Pet Freebies](#), [Retail Freebies](#).

## Pet Freebies for Canadians



**Mondou:** Join the [Cuddle Club](#) to earn bonus reward points for every purchase at Mondou. Members will also receive exclusive email offers, 5% off Boomerang products, birthday treats for your pet, and free access to in-store Doggy Wash and Nail-Trimming services.

**PetSmart:** Become a member of [PetSmart Treats](#) to earn reward points for every purchase of PetSmart products. You will also receive free shipping for orders over \$49, a birthday present for your pet, and one free Doggie Day Camp session when you buy 10 treats.

**Pet Valu:** Sign up for Pet Valu's [Email Newsletter](#) to receive updates on the latest promotions, exclusive deals, and birthday treats for your pet.

**Go to:** [Beauty & Makeup Freebies](#), [Beverage Freebies](#), [Bread & Pastry Freebies](#), [Chocolate & Ice Cream Freebies](#), [Grill & Restaurant Freebies](#), [Pet Freebies](#), [Retail Freebies](#)..

## Retail Freebies for Canadians



**American Eagle Outfitters:** Get a 15% coupon from American Eagle on your birthday when you join their [Real Rewards Program](#). Members can also redeem a \$5 sign-up bonus, 2x points for jeans, free shipping for orders over \$65, and reward points for every purchase at AEO and Aerie.

**Anthropologie:** Subscribe to the [AnthroPerks](#) Loyalty Program to access the latest promotions and updates from Anthropology. Members will also get a gift on their birthday and free shipping for all orders over \$150.

**Build-A-Bear:** Earn reward points for every purchase at Build-A-Bear when you sign up for a [Bonus Club](#) membership. Register your children's birth dates in your account so they can receive a free gift on their birthday.

**Chapters Indigo:** Sign up to Chapter Indigo's [Plum Rewards](#) for free and you will get an instant 250 reward points. Members will also earn 5 points for every dollar spent, bonus points on their birthday, and access to special events.

**Designer Shoe Warehouse:** Designer Shoe Warehouse is offering a \$5 birthday gift to customers who sign up for [DSW VIP Rewards](#). Members will also get a \$5 discount for every 100 reward points they earn, plus free ground shipping all year.

**EB Games:** Join the [EDGE Rewards Program](#) to earn points for every transaction you make at EB Games. Members will receive a welcome coupon, a 20-50% birthday discount, and other exclusive perks.

**La Senza:** Enjoy a 10% discount for one year, exclusive email offers every month, and an annual birthday gift when you apply for a [Club La Senza](#) membership card.

**Old Navy:** Sign up for [Old Navy email newsletters](#) for a 30% new member discount and provide your date of birth to receive a special offer on your birthday.

**Penningtons:** Become a member of the [Style Insider](#) loyalty rewards program and get a special offer on your birth month. You will also unlock more perks and coupons when you spend more at Penningtons.

**Ricki's:** Register to Ricki's [Fashion+Friends Loyalty Card](#) and get a sign-up bonus, exclusive email promotions, and a special offer on your birthday.

**Value Village:** Enjoy a 20% discount from Value Village when you spend at least \$50 on your birthday. You must join the [Super Savers Club](#) to receive a birthday coupon in your email address.

**RW&CO:** RW&CO is offering a 10% discount to new customers who sign up to become an [RWInsider](#). Members will also receive a birthday gift, early access to new arrivals, and a chance to win giveaways.

**Go to:** [Beauty & Makeup Freebies](#), [Beverage Freebies](#), [Bread & Pastry Freebies](#), [Chocolate & Ice Cream Freebies](#), [Grill & Restaurant Freebies](#), [Pet Freebies](#), [Retail Freebies](#).

## Enjoy Your Birthday!

If you know any other brands that we missed, please share them in the comments below with a link to where we can verify the discount and we'll add them to the list.

Have a happy birthday, and make sure to take full advantage of all the freebies out there for the taking!

The online version of this guide can be viewed at:  
<https://dealhack.ca/blog/canadian-birthday-freebies>